

Fatigue 5 Driver Risk Review

Turn data into action for
safer, healthier drivers



WHY FATIGUE MATTERS

Guardian by Seeing Machines data shows fatigue is a serious and persistent risk. Across NZ fleets fitted with Guardian, there are on average **53 verified fatigue events every day*** – more than two drivers every hour experiencing a microsleep behind the wheel. That's the equivalent of filling a bus daily with at-risk drivers. Over a year, it adds up to **19,390 verified fatigue events.**

Guardian alerts drivers in the moment, but what happens next?

INTRODUCING FATIGUE 5



Fatigue 5: Driver Risk Review takes Guardian's in-cab insights and turns them into proactive fatigue management.

Each month, we review your Guardian data to identify the **top five at-risk drivers** in your fleet. Sleep and fatigue specialist **Katrina Aubrey** then provides tailored recommendations to restore alertness, health, and performance.

This approach helps reduce repeat events, prevent crashes, and supports driver wellbeing.

WHAT'S INCLUDED

- Monthly analysis of Guardian fatigue event
- Tailored fatigue and sleep management plans with clinical insights
- One-on-one coaching call with Katrina Aubrey
- Follow-up report with clear actions for internal reporting

THE BENEFITS

- Lower fatigue-related risk
- Healthier, more alert drivers
- Better driver retention and wellbeing
- Stronger safety culture and compliance



Katrina Aubrey
**Clinical Sleep and Respiratory Physiologist
Technician, Fatigue and Sleep Health Consultant**

Kat Aubrey is a Sleep Health and Fatigue Specialist with 20+ years' experience helping drivers, shift workers, and safety-critical teams. She provides practical strategies around sleep, fatigue, and shift management.

Let's talk about how Fatigue 5 can help your fleet go beyond the alert — and tackle fatigue at the source.

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