

DISPATCHER QUESTIONS

Providing some guidance for the dispatcher or person who is identified to receive the calls when a micro-sleep is confirmed is helpful.

You could suggest your dispatchers ask and take note of the following questions:

1. At the time of the micro-sleep event were you?

- a. Completely exhausted unable to function effectively
- b. Moderately tired, very difficult to concentrate
- c. Moderately tired, let down
- d. A little tired
- e. Okay, somewhat fresh
- f. Very lively, responsive, but not at peak
- g. Fully alert, wide awake

If the driver reports A,B or C = sleepiness is likely to be a contributing factor - rest break recommended

- 2. How long had you been awake when the event happened? (best case responses - Less than 17 hours)**
- 3. How much sleep did you have the 24hrs before the event? (best case responses - More than 6 hours)**
- 4. How much sleep did you have the 72hrs before the event? (best case responses More than 18 hours)**

If the driver reports other than best case responses = fatigue is likely to be a contributing factor - rest break recommended

Answers can be recorded as notes in the Dispatch section of your DSSI dashboard as below:

The screenshot displays the DSSI dashboard interface. At the top, it shows the status 'Normal' with a 'Change' button and 'IVS status: Normal (5:11 PM)'. Below this is a 'Change operator' button and three status indicators: 'F x0', 'V x0', and 'D x1'. A text input field 'Enter message to add to log' is followed by an 'Add vehicle log' button. On the right, there is a Google Maps satellite view of an area with 'Styfield Rd' visible. Below the input fields, a log entry is shown for '11:47 AM Fatigue event' with an 'Actions' menu. Below the log entry is another 'Enter message to add to log' field with an 'Add event log' button. The log history shows: '11:48 AM - Katelyn Tomchak - Normal driving - Classified as system error.' and '11:47 AM - (SYSTEM) - Fatigue registered'.